North Region Y&J Team Racing Championships 20 & 21 September 2025





GALLEY MENU

Breakfast 8am - 10am

•	Bacon Sandwiches	£3.50
•	Fried Egg Sandwiches	£2.50
•	Breakfast pastries – Croissants, Pain Au Raisin, Pain Au Chocolat	£1.50
•	Toast (2 slices of wholemeal bread with spread & jam)	£1.50

Saturday Lunch 10.30am - 3pm

•	Beef Chilli served with fresh bread with cheese, sour cream & nachos	£6
•	Vegetarian Chilli served with fresh bread, cheese, sour cream & nachos	£6
•	Lentil Soup served with fresh bread & butter	£4.50

Sunday Lunch 10.30am - 3pm

•	Chicken Dahl served with naan & yoghurt	£6
•	Chickpea Dahl served with naan & yoghurt	£6
•	Lentil Soup served with fresh bread & butter	£4.50

Available throughout the day

•	A selection of home-made cakes.	Priced individually
•	Tea / Coffee	50p a cup. £3 for unlimited refills all day
•	Hot Chocolate	£1 plain, £1.50 with squirty cream & marshmallows
•	Squash (Orange or Apple & Blackcurrant)	Free

Gluten free & dairy free options are available (incl GF bread)

Help us be environmentally friendly, we are not using disposable serving dishes or cups. Please return your crockery to the trolley so it can be washed up & re-used.

If you have a hot drink flask or water bottle, we will re-fill this rather than give you a mug or glass.

If you have an allergy, please check with the galley before consuming any of the food offers, we have a full list of ingredients for each dish.

Cash or card payments. You may open a tab but need to provide contact info & settle before departure on Sunday.



York University Sailing & Windsurfing Club is providing the catering this weekend. All proceeds will go towards the purchase of their new fleet of Fireflies which they use for team-racing and teaching their new members to sail. YUSWC and NEYYSA have collaborated on a number of events recently which have benefited the NEYYSA youth sailors.