# Sailing Instructions

BSDRA Pairs 2025

# Royal Corinthian Yacht Club

27th & 28th September 2025

#### 1. Rules

- 1.1. These Sailing Instructions change RRS 26, 29.1, 33, 35, 61.4(b), A4, A5, and Race Signals.
  - 1.2. Racing will be umpired. Addendum UF is published separately and changes additional rules; including some of those of Part 2.

## 2. Changes to Sailing Instructions

- 2.1. Any change to the Sailing Instructions will be posted one hour before the start of the first race in which it will first take effect, except for changes to the schedule as allowed in SI 6.5(d).
- 2.2. Any changes made afloat will be communicated orally.

# 3. Communications with Competitors

- 3.1. Notices to Competitors will be posted on the Online Official Notice Board at https://events.ksail.co.uk/2025/BSDRAPairs/
- 3.2. The Race Office is located at the East end of the Clubhouse on the ground floor.
- 3.3. During the event, Notices to Competitors may also be placed on a Notice Board located near the Race Office.
- 3.4. While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

#### 4. Code of Conduct

4.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.

#### 5. Signals Made Ashore

- 5.1. Signals made ashore will be displayed at the RCYC Race Box.
- 5.2. When flag AP is displayed ashore the warning signal will be made not less than <<<enter time>>> minutes after removal. This changes Race Signal AP.

#### 6. Schedule of Races

- 6.1. The first warning signal on Saturday 27<sup>th</sup> September will not be before 10:57.
- 6.2. The first warning signal on Sunday 28th September will not be before 08:57
- 6.3. The event is a "Pairs" event with teams of four sailors, separated into two divisions (Blue and Yellow) competing in short fleet races against the other crews in their division.
- 6.4. Divisions

Teams shall nominate sailors to sail in either the Blue or Yellow division, a sailor shall not sail in more than one division.

- 6.5. Race Schedule
  - (a) Up to five Blue Division races will be followed by up to five Yellow Division races. Teams shall be allocated boats to sail in each set of five races.
  - (b) Blue and Yellow Divisions will continue to swap and sail in up to five races at a time for the duration of the event.
  - (c) The initial schedule of races will be displayed online using the Online Official Noticeboard. Any changes thereto and schedules for subsequent races will be displayed not less than 10 minutes before the start of those races.
  - (d) The schedule of races may be modified during the event in as fair and practical way as possible determined by the Race Committee taking into account the entries, weather conditions, time constraints and any other relevant factors. Any change shall not be grounds for redress. This changes RRS 61.4(b).
- 6.6. Before starting and after finishing or retiring, boats shall sail to minimise any delay to the race schedule and without interfering with any boat still racing.

# 7. Class Flags

7.1. The Class flag will be either a blue or yellow flag to indicate which division the start will be for.

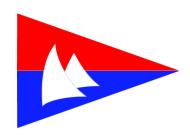
# 8. Racing Area

8.1. The racing area will be the River Crouch.

#### 9. Courses

1

9.1. The possible courses are described in SI Attachment C.



9.2. The course to be sailed will be posted on the Official Noticeboard. The course will only be changed at the start of a session of races for either division.

#### 10. Marks

- 10.1. The mark of the course will be as follows:
  - (a) <<<Describe the Marks to be used>>>

#### 11. Obstructions

11.1. Any prohibited areas that a boat shall not enter or cross will rank as obstructions. These will be identified on the Official Noticeboard.

#### 12. The Start

- 12.1. The starting line will be between a staff on the signal vessel and the course side of the starting mark.
- 12.2. The number of the next race to start will be displayed on the starting vessel from before, or promptly after, the warning signal until the starting signal. The race committee may at any time postpone a race and reschedule it at a later time.
- 12.3. Attention may be drawn to an imminent warning signal by a series of short sound signals.
- 12.4. Races will be started by using the following signals. Times shall be taken from the start of each sound signal; the failure of a visual signal shall be disregarded. This amends RRS 26.

Minutes before Starting Signal	Visual Signal	Sound Signal	Means
3	Class Flag Displayed	One	Warning Signal
2	P or U Flag Displayed	One	Preparatory Signal
1	Preparatory Signal Removed	One	One Minute
0	Class Flag Removed	One	Starting Signal

- 12.5. When a boat is subject to RRS 29.1, flag X need not be displayed for longer than 1 minute after the starting signal; this changes RRS 29.1.
- 12.6. A boat shall not start more than 2 minutes after her starting signal.

#### 13. Changing the next leg of the Course

13.1. RS 33 is deleted and replaced with:

While boats are racing, the race committee may change a leg of the course by changing the position of the next mark (or the finishing line) before any boat begins the leg.

#### 14. The Finish

- 14.1. The finishing line will be between a staff displaying a blue flag on the finish vessel and the course side of the finishing mark
- 14.2. The time limit for each race is 25 minutes.
- 14.3. Boats that start and are still racing two minutes after the second boat has sailed the course will be scored for the place the umpires judge them to be in at that time without a hearing. This changes RRS 35, A4 and A5. This score shall not be grounds for redress, this changes RRS 61.4(b).

#### 15. Scoring

- 15.1. A teams' event score shall be the total of all race scores from all fleets or divisions; no score shall be excluded.
- 15.2. Team ties shall be broken according to RRS A8 using all race scores from all fleets or divisions.
- 15.3. A boat that did not sail the course, retired or was disqualified shall be scored points for the finishing place one more than the number of teams entered in the event. This amends RRS A5.2.
- 15.4. Scores for individual boats, fleets or divisions may be calculated using the principles included in SI 15.1 and 15.2.

#### 16. Replacement of Crew.

16.1. [DP]After registration only registered team members may race. No change to the list of registered team members may be made without the prior permission of the Race Committee.

# 17. Supplied Boats

17.1. Rules relating to the provision of boats supplied by the Organising Authority are included in SI Attachment K.

#### 18. Risk Statement

- 18.1. Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
  - (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
  - (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
  - (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
  - (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
  - (e) The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
  - (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
  - (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any competitor briefing held at the venue;
  - (h) Their boat is adequately insured, with cover of at least £3 million against third party claims.

# Attachment C – Course

The courses which may be used are as described below, additional courses may be displayed on the Official Noticeboard.

Mr. Greedy		Square	
p = round to port; s = round to sta	rboard	p = round to port	
Start - 1p - 2p - 3s - 4p - 5p - 6p	– Finish	Start – 1p – 2p – 3p– 4p – Finish	
2	1	2 1	
4 3	Start Finish	Start A	
5	6	This course may be mirrored such that all marks are left to Starboard.	
5	6 The Start and Finish li	This course may be mirrored such that all marks are left to Starboard.	

# Attachment K – Boats Provided by the Organising Authority [NP]

These rules only apply when boats are provided by the Organising Authority.

## K1. Allocation and Equalisation of Boats

- K1.1. The Organising Authority will take all reasonable steps to equalise the boats.
- K1.2. The Race Committee will allocate the boats to be used in each race.
- K1.3. Neither the allocation of boats, nor any variation between the boats and their equipment, shall be grounds for redress. This amends RRS 61.4(b)
- K1.4. Supplied boats shall be deemed to conform to their class rules.

#### K2. Responsibility for a Boat

- K2.1. Crews are responsible for inspecting their boats before racing.
- K2.2. [DP] A boat shall remain the responsibility of the crew until handed over to the race committee or the next crew to use that boat. Boats shall be handed over as empty of water as practical and in racing trim.
- K2.3. [DP] No substitution of damaged or lost equipment is allowed without the permission of the Race Committee. Requests for substitution shall be made at the first reasonable opportunity.

#### K3. Sails to be used

K3.1. The sail combination to be used will be displayed on the signal vessel, with or before the warning signal. The signals will have the following meanings. A breach of this rule may result in disqualification by the race umpires in accordance with Appendix UF.

Signal	Meaning
	All sails may be used
NN 3	Spinnakers shall not be used.

#### K4. Breakdowns

- K4.1. Before the warning signal of a race and within two minutes of changing into a new boat, a boat may display a red flag to signal breakdown or damage to the boat, sails, or injury to the crew. The boat shall proceed as soon as possible to a position just to leeward of the signal vessel and remain there unless otherwise directed.
- K4.2. The time allowed for repairs or treatment of an injury will be at the discretion of the Race Committee and is not grounds for a request for redress, this changes RRS 61.4(b).
- K4.3. After the warning signal of a race, it will not be postponed or abandoned due to breakdown unless the breakdown signal was displayed as required by SI K4.1.
- K4.4. When to continue racing after damage or breakdown risks further damage, the boat shall retire immediately.

#### K5. Prohibited Actions

A breach of the following rules may result in a penalty initiated by an umpire in accordance with Series Attachment UF.

- K5.1. When a boat takes a penalty turn that includes a tack, the head of any spinnaker shall be below the main-boom gooseneck from the time the boat passes head to wind until she is on a close-hauled course. This changes RRS 44.2.
- K5.2. Adjusting or altering the tension of standing rigging, excluding the backstay when fitted, except with the authorisation of the race committee;
- K5.3. Adding to, omitting or altering the equipment supplied, including cutting or shortening any sheets, control lines or other running rigging;
- K5.4. Removing or replacing any equipment without the consent of the race committee;
- K5.5. Marking directly on the hull or deck with permanent ink;
- K5.6. Perforating sails, even to attach tell tales;
- K5.7. Boarding or using a boat without the consent of the race committee.

# **K6. Required Actions**

- K6.1. The last crew on board a boat at the end of each sailing day shall return the boat to the dock and moor it to the satisfaction of the Organising Authority and are responsible for:
  - (a) Rolling/folding, bagging and placement of the sails as directed.
  - (b) removing all trash, tape and marks.
  - (c) leaving the boat in a satisfactory state of cleanliness.
  - (d) releasing backstay tension where fitted.
  - (e) complying with any reasonable instruction from a person appointed by the Organising Authority.
- K6.2. A breach of SI K6.1 may be considered as damage and the cost of rectification charged against the Team.