



2026 WINTER MATCH RACING

Royal Thames Yacht Club, GBR

8th February 2026

SAILING INSTRUCTIONS

Abbreviations:

| | |
|-------------------------------|---------------------------|
| PC – protest committee | RC – race committee |
| OA – organising authority | NA – national authority |
| RRS – racing rules of sailing | SI – sailing instructions |
| IJ – international jury | NoR – notice of race |

1 RULES

- 1.1 The Event will be governed by
 - (a) the 'rules' as defined in the RRS, including Appendix C.
 - (b) the rules for Handling Boats (SI Addendum C) which also applies to any practice sailing. Class rules will not apply.
 - (c) The bye-laws of Queen Mary Sailing Club.
- 1.2 The right of appeal will be denied in accordance with RRS 70.3(b).
- 1.3 Add after the first sentence of Appendix A5 'When one of the boats in a match fails to sail the course in accordance with rule 28.1, she shall be scored DNF without a hearing.'
- 1.4 When the umpires proceed under RRS C8.7 they will follow the guidance in SI Addendum E.

2 ENTRIES and ELIGIBILITY

- 2.1 Only skippers invited by the OA are eligible for the event. The skippers are listed in SI Addendum A.
- 2.2 To remain eligible the entire crew shall complete registration, as per the NOR, unless extended by the OA.
- 2.3 Each skipper is responsible for the damage or loss to their boat unless responsibility is otherwise assigned by the umpires or PC. As per NOR Addendum A.
- 2.4 After the warning signal for a match, the registered skipper shall not leave the helm, except in an emergency.
- 2.5 When a registered team member is unable to continue in the event, the OA may authorise a substitute crew member. When a registered skipper is unable to continue in the event, the OA may authorise an original crew member to substitute.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official [ONLINE notice board](#).
- 3.2 Signals made ashore will be displayed from the Committee Boat.
- 3.3 Skippers shall attend the first briefing, which will be at 0900 on the morning of the event, unless excused by the OA. Location will be given to sailors on the telegram chat depending on weather. Registration will be between 0830 and 0855.
- 3.4 The first meeting with the umpires will be immediately after the first briefing. Attendance by skippers is mandatory, unless excused by the OA.

4 AMENDMENTS TO SAILING INSTRUCTIONS

- 4.1 Amendments to the SI made ashore will be posted at least 60 minutes before the start of any race affected and will be signed by the RC and the PC representatives
- 4.2 Flag L over the numeral pennant of the most recent amendment will be displayed ashore each day until the boats have departed for the race course.
- 4.3 Amendments made afloat will be signaled by the display of flag 3rd substitute with three sound signals. An umpire may communicate these either verbally or in writing.

5 BOATS and SAILS

- (a) the event will be sailed in Sonar type boats.
 - (b) the sails to be used will be allocated by the RC.
 - (c) competitors may be requested to exchange sails during a series to satisfy sponsorship commitments. This will not be grounds for redress. This changes RRS 61.
- 5.2 The sail combination to be used will be signalled from the RC boat with or before the attention signal. The signals will have the following meanings:

| <u>Signal</u> | <u>Sail combination to be used</u> |
|---------------|---------------------------------------|
| No signal | Jib, full main and spinnaker |
| B | Jib and full main only (no spinnaker) |
- 5.3 Other restrictions or instructions may be given to the boats verbally by an umpire. Flag 3rd substitute is not required.
- 5.4 The RC will decide which boats are to be used for each stage and when they decide a boat should not be used, the skipper assigned that boat will be given the temporary use of another boat.
- 5.5 The RC may permit a substitute boat when it is satisfied that the original boat is damaged and that repairs in the time available are not practical.

6 IDENTIFICATION and ASSIGNMENT OF BOATS

- 6.1 Boats will be identified by name and sail number.

- 6.2 Boats will be allocated each day as decided by the OA.
- 6.3 Boats will be allocated for the stage as decided by the OA.
- 6.4 Boats will be exchanged in accordance with the pairing list and race schedule.

7 CREW MEMBERS, NUMBER and WEIGHT

- 7.1 The total number of crew, including the skipper, shall be 3-4 sailors, excluding persons placed on board by the RC.
- 7.2 **Crew Weighing**
 - (a) There is no weight limit
- 7.3 All registered crew shall sail all matches unless permission for change is given under SI 2.5.

8 EVENT FORMAT and STARTING SCHEDULES

- 8.1 The event format and match pairing lists are detailed in SI Addenda A and B. The matches to be sailed in a flight will be displayed in order of starting on the RC boat.
- 8.2 The racing days are as scheduled in the NOR.
- 8.3 The latest time for an attention signal on the last day of racing will be 16.00.
- 8.4 The number of matches to be sailed each day will be determined by the RC.
- 8.5 The intended time of the first attention signal is 09.53.
- 8.6 Each subsequent flight will be started as soon as practicable after the previous flight.
- 8.7 When a match cannot start at its intended time, the signals and starts of the following matches will remain as originally scheduled, leaving a blank start for the pair not starting. No starting sequence flags will be displayed for a blank start.

9 RACING AREA

The racing area will be Queen Mary Reservoir.

10 COURSE

10.1 Configuration, Signals and Course to Be Sailed

- (a) Configuration (not to scale)

Mark W o

Mark L o

Start/Finish Line o-----o

- (b) **Signals and Course to be Sailed**

Course signals will be displayed from the RC boat bow, at or before the warning signal.
Marks W and L shall be rounded to starboard.

| <u>Signal</u> | <u>Course</u> |
|---------------|----------------------------|
| No Signal* | Start - W - L - W - Finish |
| S | Start - W - Finish |

- (c) **Description of Marks**

The RC boat and marks will be identified at the first briefing.

10.2 Starting/Finishing Line

- (a) The starting/finishing line will be a straight line between the course side of a starting/finishing mark and the staff with an orange flag on the RC boat.
- (b) A buoy may be attached to the RC boat anchor line just below keel depth. Boats shall not pass between this buoy and the RC boat at any time. This buoy is part of the RC boat ground tackle.

10.3 Course Limits

- 10.3.1 A number of buoys are laid marking the anchors of dredgers operating on the reservoir or marking the shallows at the southern end of the bund. While racing, no part of a boat's hull shall cross the imaginary straight line between any two adjacent buoys or a buoy and its adjacent shoreline.
- 10.3.2 These lines rank as obstructions.
- 10.3.3 There is no penalty for touching these buoys.
- 10.3.4 A breach of this sailing instruction is not open to protest by boats but is subject to action by umpires in accordance with RRS C8.2.

10.4 Abandonment and Shortening

- (a) RRS 32 is deleted and replaced with: 'After the starting signal, the RC may abandon or shorten any match for any reason, after consulting with the match umpires when practical.'
- (b) Within a flight, when a visual signal is displayed over a numeral pennant, the signal applies to that match only.

11 BREAKDOWN and TIME FOR REPAIRS

- 11.1 Before the attention signal of a flight or within two minutes of finishing or within five minutes of changing into a new boat, whichever is later, a boat may display flag L to signal breakdown or damage to the boat, her sails or injury to her crew and

request a delay to the next start. She shall proceed as soon as possible to a position just to leeward of the RC boat and remain there, unless otherwise directed.

11.2 The time allowed for repairs will be at the discretion of the RC.

11.3 After the attention signal of a flight, a match will not be postponed or abandoned due to breakdown unless the breakdown signal was displayed as required by SI 11.1.

11.4 Except when RRS 61.4(b) applies, failure to effect repairs in the time allowed, or breakdowns after the attention signal shall not be grounds for redress. This changes RRS 61.

12 STARTING PROCEDURE

12.1 The next flight number will be displayed on the RC boat.

13 CHANGE OF POSITION OF THE WINDWARD MARK

13.1 There will be no changes of course after the start of the first match of a flight except that a mark may be laid any time until the first boat of a flight rounds the previous mark or, for the first windward mark, starts.

14 TIME LIMIT

A boat that does not finish within 5 minutes after her opponent has completed the course and finished will be scored DNF. This changes RRS 35 and A5.

15 MEDIA, IMAGES and SOUND

15.1 If required by the OA:

(a) Media personnel and equipment (or dummies) supplied by the OA shall be carried on board while racing.

(b) Competitors shall wear microphones supplied by the OA during racing and be available for interviews when advised by the OA or RC.

(c) Registered skippers shall wear communications equipment supplied by the OA that will allow commentators to communicate with them whilst racing.

15.2 Competitors shall not interfere with the normal working of the OA supplied media equipment.

15.3 The OA have the right to use any images and sound recorded during the event free of any charge

16 PRIZES

a) Keeper prizes shall be awarded to the top three teams

17 CODE OF CONDUCT

17.1 Competitors shall comply with any reasonable request from any official, including attendance at official functions, co-operation with event sponsors and shall not behave so as to bring the event into disrepute.

17.2 Competitors shall handle the boats and equipment with proper care and seamanship and in accordance with SI Addendum C and D.

17.3 The following actions by skippers and/or crew while racing may be considered a breach of sportsmanship under RRS C8.3(c) and may result in an umpire initiated penalty under RRS C5.2 or C5.3:

- Excessive attempts to verbally coerce, coach or influence umpire decisions;

- Repetitive or on-going objection to an umpire decision (verbal or otherwise);

- Abuse of umpires before or after a decision (See also MR Call M4).

17.4 Breaches of this SI may also be referred to the PC. Any penalty will be at the discretion of the PC/IJ and may include exclusion from further participation in the event, the withdrawal of any prize money or the withholding of deposits.

17.5 Gross breaches of this SI may be referred to the PC by the OA for action under RRS 69.

18 RISK STATEMENT

Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

a) They are aware of the inherent element of risk involved in the sport and accepts responsibility for the exposure of themselves and their crew to such inherent risk while taking part in the event.

b) They are responsible for the safety of themselves, their crew and any property they may bring, whether afloat or ashore.

c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.

d) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities

e) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances

f) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention any rules and information produced for the venue or event and to attend any safety briefing held for this event.

g) It is their responsibility to ensure that they are familiar with the type of boat used, and the supplied equipment and are suitably experienced with its operation.

h) It is their responsibility for ensuring all supplied equipment is carried on board.

i) That they are fit to sail and that they believe the crew and the boat and crew is capable of competing in the anticipated conditions.

SI ADDENDUM A – LIST OF ELIGIBLE SKIPPERS and PAIRING LIST - Will be emailed the day before the event.
SI ADDENDUM B – EVENT FORMAT and SCHEDULE OF RACES - Will be emailed the day before the event.
SI ADDENDUM C – RULES FOR HANDLING BOATS [NP] - Separate addendum

SI ADDENDUM E – DAMAGE PENALTIES

Match Racing Penalties for Damage resulting from contact between boats

Appendix C6.6 and C8.7 permits the umpires or protest committee to decide the penalty when a boat breaks RRS 14. This document explains how damage will be assessed and gives general guidance on the appropriate penalty. When the protest committee has good reasons to do so, it may apply a different penalty.

Damage will be divided into 3 levels as shown in the following table:

| Level | Extent | Effect |
|------------------------|---|---|
| Level A - Minor Damage | Does not significantly affect the value, general appearance or normal operation of the boat. | Boat may race without repair although some minor surface work may be required after the event. Repairs should not normally require more than 1 hour of work. |
| Level B - Damage | Affects the value and/or general appearance of the boat | The damage does not affect the normal operation of the boat in that race but may need some (temporary) work before racing again. Requires more than 1 hour of work but should not normally require more than 3 hours of work. |
| Level C - Major Damage | The normal operation of the boat is compromised and its structural integrity may be impaired. | The boat will need some repair work before racing again. Requires more than 3 hours of work. |

Point Penalties - to be applied without a hearing (this amends RRS C8.6);

| Level | Round Robin | Knock Out |
|-------|-------------|---------------------------|
| A | None | None |
| B | Half point | Three quarters of a point |
| C | One point | One point |

When both boats break RRS 14, they should both receive a points penalty. If a competitor requests a hearing when a points penalty is imposed, the protest committee may decide (in the hearing) to give a greater penalty.

Deductions from Damage Deposits

The assessment of damage level is only for the purpose of points penalties, and is not linked to any deductions from the competitor's damage deposits.

Any points penalty will be based on the assessment of damage level made on the water. Subsequent assessments of the damage level after closer inspection, whether the level turns out to be higher or lower, will have no effect on the points penalty given on the water.