



## **BRIEFING NOTES**

**To save time at the briefing on Saturday, please ensure all team members read these notes. Questions on them can be asked at the briefing.**

- **FIRST AID** – Any medical incident needs to be reported to the PRO immediately after the occurrence.

If you have any questions, please let me have them in advance. I will endeavour to address these questions either by posting them in the WhatsApp group or providing responses during the Saturday briefing.



Will be used to communicate with teams during the event.



Roadford Lake has requested that all competitors complete a medical disclaimer form. Please could you ensure everyone on your team has completed this form by Friday evening.

It will only take a couple of minutes.

<https://forms.office.com/e/Zw138qN4J1>

Please note that you will not be allowed to register until everyone on your team has completed the disclaimer.

## SAILING

- These briefing notes are for information only – the SIs and rules take precedence.
- The intended format is to start with a full round of HLS. Depending on how many races we sail on Saturday, we will either:
  - a) Continue with the HLS on Sunday, including the option to go to (b) at some time
  - b) Split into Bronze, Silver & Gold leagues from the start of Sunday
  - c) Possibly finishing with knockout rounds of semis, then finals if conditions permit.
- Course, usual S shape, starboard rounding.
- Look at the race number board – it is what matters.
- Sail to start and away from the finish, avoiding the course area.
- When the opposition has finished, and your team cannot improve its result in that race, you do not have to complete the course. You will be awarded the appropriate points.
- AP flag – 2 hoots when up, rapid short hoots when a start is imminent. This may not always be used.
- Starting sequence of tubes and sound signals are appended.
- AP may be used with 2 hoots at any time in a sequence to introduce a delay. Rapids will indicate something about to happen.
- **X** flag is an individual recall with one hoot. The start boat **may** call out the total number of boats over. If possible, they **may** also call out the sail number(s) or some other indication of which boat(s) are over, but this is **NOT GUARANTEED**.
- The **X** flag flies for **ONE MINUTE ONLY**, even if boats have not yet returned. This does NOT mean that you do not need to continue to return if over the line. You **MUST** still come back.
- A general recall is very unlikely; it is usually indicated by the **X** flag with a call of 6 boats over.
- The object of Team Racing is to get YOUR TEAM into a winning position. If you have a dispute on the water, it is usually better to accept a penalty and sail on. That way, your team could still win.
- Get to the start on time – it is your responsibility to keep a check on what is going on. There will usually be a start every 3 minutes, so you should be able to work out your starting time. If a team is not there, **THE START WILL GO AHEAD** anyway, though we will be checking to ensure that boats have completed a previous race.

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